



VCHCP

Ventura County
Health Care Plan

Ventura County Health Care Plan

Provider Directory



Providing Health Care Coverage for County
Employees and Their Families Since 1994

This Provider Directory is subject to change without notice. For your convenience, a copy of this Provider Directory can be found at www.vchca.org/hcp. Please call our Member Services Department at 805-981-5050 if you wish information regarding a particular provider, or call the provider's office directly.

Direct Access OB/GYN Providers (Women's Health Care)

A female member can directly seek most obstetrical and gynecologic services either from her Primary Care Physician or from any of the listed OB/GYN Direct Access Providers. Check with Provider regarding deliveries. Excluded from Direct Access are the following services: Elective procedures, deliveries at hospitals other than VCMC or Santa Paula Hospital, infertility and procreative management services, administration of non-formulary medications, tertiary care referrals, second opinions, and follow-up, testing or treatment of non-specific non-gynecological problems including, by example and without limitation, diabetes, hypertension, fatigue, depression, arthritis and abdominal pain.

The Following Notice Is Displayed Pursuant to Section 1363.02 of the California Health and Safety Code

Some hospitals and other providers do not provide one or more of the following services that may be covered under your Plan contract and that you or your family member might need: family planning; contraceptive services, including emergency contraception; sterilization, including tubal ligation at the time of labor and delivery; infertility treatments; or abortion. You should obtain more information before you enroll. Call your prospective doctor, medical group, independent practice association, or clinic, or call the Health Plan at 805-981-5050 to ensure that you can obtain the health care services that you need.

Accessing Mental Health Or Substance Abuse Services

To access Mental Health/Substance Abuse Services, you or your Primary Care Physician may call VCHCP's *Life Strategies* program directly at (800) 851-7407. *Life Strategies* is the Plan's behavioral health services administrator. *Life Strategies* representatives are available 24 hours-a-day seven days-a-week to help you access behavioral health services and answer any questions you may have about your benefits. In the case of a mental health emergency, seek help or treatment immediately, then, within 48 hours, or as soon as is reasonably possible after your condition seems stable, you, or someone acting on your behalf, should call the *Life Strategies* program.

TABLE OF CONTENTS

Network Providers by City	
Camarillo	1
Fillmore	1
Moorpark	2
Newbury Park	2
Ojai Valley Area	2
Oxnard	3
Piru	6
Santa Paula	6
Simi Valley	7
Thousand Oaks	8
Ventura	8
Urgent Care Facilities	14
Network Providers by Specialty	15
Pharmacies	22
Network Hospitals, Outpatient Surgery Facilities	24
Dialysis Facilities	25
Sleep Study Facilities	25
Network Clinical Laboratory Draw Sites	26
Physical/Occupational Therapy Providers	27
Radiological Facilities	28
Provider Index	29

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
 (Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women’s health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By City

Camarillo Primary Care

Los Posas Family Medical Group
3801 Las Posas Road # 214
Tel 437-0900

Cho, M.D., Theresa
Reeves, M.D., Albert
Wade, M.D., Maria

Balloch, M.D., Jody
3801 Las Posas Road #106
Tel 482-1416

Fung, M.D., Wilson
2438 N. Ponderosa Drive #C101
Tel 484-1190

Podiatry

Milner, D.P.M., Jack
3901 E. Las Posas Road #201
Tel 484-1333

Radiation/Oncology

Montes, M.D., Henry
5301 Mission Oaks Boulevard
Tel 484-7967

O'Connor, M.D., Timothy
5301 Mission Oaks Boulevard
Tel 484-1919

Camarillo Specialist Care

General Surgery

Dixon, M.D., Neal
2438 Ponderosa Drive #C207
Tel 484-3513

Nephrology

Vista Del Mar Medical Group
3901 Las Posas Road #4
Tel 482-5699
Providers:

Bednarski, M.D., Nicholas
Chieu, M.D., Frank

Ophthalmology

Luttrell, M.D., Jeffrey K.
1200 Paseo Camarillo #180
Tel 650-0664

Miramar Eye Specialists
751 Daily Drive, Suite 110
Tel 987-8705

Providers:

Corwin, M.D., Joel M.
Davidson, M.D. John L.
Nguyen, M.D., Tiffany
Pesheva, M.D., Maria
Trotter, M.D., William L.
Young, M.D., Andrew

Fillmore Primary Care

Clinicas Del Camino Real, Inc. - Fillmore ▲
355 Central Avenue
Tel 524-4926

Fillmore Medical Clinic (VCMC)
828 Ventura Street #100
Tel 524-2000

Providers:

Johnston, M.D., Christine M.
Ruelas, M.D., Gregorio
Ekpenyong, Emem, P.A.

Fillmore Specialist Care

Orthopedics (VCMC)

Fillmore Medical Clinic (VCMC)
828 Ventura Street
Tel 524-8603

Provider:

Zimmerman, M.D., Andre

Orthopedic Surgery (VCMC)

Takeda, M.D., John
828 Ventura Street #100
Tel 524-2000

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By City

Moorpark Primary Care

Moorpark Family Care Center (VCMC) ▲
35 W. Los Angeles Avenue
Tel 529-4624

Providers:

Ippolito, M.D., John ◆
Jones, M.D., Amy ◆
Miller, M.D., Jeff ◆
Mueller, M.D., Khristina

Moorpark Specialist Care

Neurology

Moorpark Family Care Center (VCMC)
35 W. Los Angeles Avenue
Tel 529-4624

Provider:

Cardenas, M.D., Doris
Muthukumar, M.D., Abiram

Rheumatology

Moorpark Family Care Center (VCMC)
35 W. Los Angeles Avenue
Tel 529-4624

Provider:

Kelley, M.D., Peter

Newbury Park Primary Care

Clinicas Del Camino Real, Inc. - Newbury Park ▲
1000 Newbury Road #150
Tel 498-3640

Newbury Park Specialist Care

Podiatry

Kuzyk, D.P.M., Donald I.
2369 Michael Drive
Tel 499-3287

Ojai Valley Area Primary Care

Buckingham, M.D., Robert ❖
115 Pirie Road #D
Tel 646-0104

Ojai Valley Family Medicine Group
117 Pirie Road #D
Tel 646-7246

Providers:

Dial, M.D., Mary
Gross, M.D., Carl
Halverson, M.D., James

Valley Oak Family Practice Medical Group
1202 Maricopa Highway #C
Tel 640-0068

Provider:

Petroff, M.D., Helen

Williamson, M.D., Timothy (Peds Only) ▲
207 Church Road
Tel 646-4386

Clinicas Del Camino Real, Inc. - Ojai ▲
Ojai Valley Community Health Center
1200 Maricopa Highway
Tel 640-8293

Ojai Valley Area Specialist Care

Ophthalmology

Buena Eye Specialists
216 E. Matilija Street
Tel 644-7312

Provider:

Chang, M.D., Steven

Miramar Eye Specialists
204 Pirie Road #A
Tel 648-3085

Providers:

Boggs, M.D., Michael B.
McHugh, M.D., W. Colm

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By City

Oxnard Primary Care

Las Islas Family Medical Group (VCMC) ▲
2400 South “C” Street
Tel 240-7000

Providers:

Bobrow, M.D., Andrei (Peds) ▲
Cervantes, M.D., Miguel ◆
Finger, M.D., Kenneth D. ◆
Jia, M.D., Ran (IM) ◆
Johnson, M.D., Susan
Kim, M.D., Bora (IM) ◆
Lopez, M.D., Raymond
Sever, M.D., Catherine ◆◆
Thurman, M.D., Andraus ◆
Dorris, N.P., Sherry
Young, N.P., Sandy

Magnolia Family Medical Clinic (VCMC)
2240 E. Gonzales Road #100
Tel 981-5151

Providers:

Arndt, M.D., Preston ◆
Maker-Clark, M.D., Geeta ◆
Merrick, M.D., Nancy (IM) ◆
Moya, M.D., Genevieve ◆
Pakala, M.D., Shilpa ◆
Patterson, M.D., Stanley ◆
Pedroza, M.D., Miguel
Rockney, M.D., Lynn R. ◆
Williams, P.A., Alexis ◆
Diaz, P.A., Michael

Mandalay Bay Women and Children’s Medical Group (VCMC)
2000 Outlet Center Drive #110
Tel 604-4588

Providers:

Almaguer Auchard, M.D. Patricia (Peds)
Laba, M.D., Michelle (Peds)
Tran, M.D., Hang
Russell, M.D., Paul (Peds)

Clinicas Del Camino Real, Inc. ▲
Clinica De La Comunidad De Oxnard
650 Meta Street
Tel 487-5351

Clinicas Del Camino Real, Inc. ▲
Maravilla Community Health Center Haycox School
450 W. Clara Street
Tel 488-0210

Clinicas Del Camino Real, Inc. ▲
Oceanview Health Center
4400 Olds Road
Tel 986-5551

Clinicas Del Camino Real, Inc.
North Oxnard
1200 N. Ventura Road #E
Tel 988-0053

Coastal Pediatric Medical Group
451 W. Gonzales Road #340
Tel 983-3900

Providers:

Blank, M.D., David
Fostakowsky, M.D., Robert
Pecht, M.D., Benjamin

English, M.D., Keith ◆
451 W. Gonzales Road #240
Tel 988-3355

Rose Avenue Family Medical Group
1100 W. Gonzales Road #210
Tel 988-1443

Providers:

Enriquez, M.D., Theresa ◆
Ford, M.D., John ◆
Lundeen, M.D., Linda ◆
Soliz, M.D., Josephine ◆

Oxnard Specialist Care

Allergy

Rosengren, M.D., Harold
1100 W. Gonzales Road #102
Tel 983-0880

Verma, M.D., Sanjiv
451 W. Gonzales Road #150
Tel 983-0771

Cardiology

Cabrillo Cardiology Medical Group
2241 Wankle Way #C
Tel 983-0922

Providers:

Rothschild, M.D., Richard
Schmidt, M.D., David
Zager, M.D., Scott

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women’s health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ◆ Practice Closed or Limited

Network Providers – By City

Oxnard Specialist Care (continued)

Cardiology Associates Medical Group

1701 Solar Drive #150
Tel 278-4020

Providers:

Brackett, M.D., Jeffrey C.
Ginkel, M.D., Mark L.
Patel, M.D., Shaun
Steinberg, M.D., Alon A.

Garcia, M.D., Alejandro

2100 N. Solar Drive #200
Tel 485-3800

Nishikawa, M.D., Wallace

1700 N. Rose Avenue #440
Tel 983-0233

Hematology/Oncology

PMK Medical Group, Inc.

1700 N. Rose Avenue #320
Tel 485-8709

Providers:

Chang, M.D., Kevin
Kelley, M.D., Ann
Kong, M.D., Lynn
McIntyre, M.D., Rosemary
Parsa, M.D., Kooros

Dermatology

Medicine Specialty Clinic – East (VCMC)

2240 E. Gonzales Road #110
Tel 981-5161

Provider:

Seidman, M.D., Donald

Lau, M.D., Jacob

1150 N. Ventura Road
Tel 483-4646

Nephrology

Vista Del Mar Medical Group

1200 W. Gonzales Road #300
Tel 983-0691

Providers:

Bednarski, M.D., Nicholas
Chieu, M.D., Frank
Elson, M.D., Henry
Ledesma, M.D., Steven
Liu, M.D., Tane
Swerdlin, M.D., Aron

Endocrinology

Medicine Specialty Clinic – East (VCMC)

2240 E. Gonzales Road #110
Tel 981-5161

Provider:

Shah, M.D., Nissar

Obstetrics and Gynecology

Las Islas Women's Clinic (VCMC)

2400 South "C" Street
Tel 240-7040

Providers:

Blaze, M.D., Allison
Villasenor, M.D., Rocio
Doris, F.N.P., Sherry

Gastroenterology

Medicine Specialty Clinic – East (VCMC)

2240 E. Gonzales Road #110
Tel 981-5161

Providers:

Billesdon, M.D., John
Sanchez, M.D., Paul

Mandalay Bay Women and Children's Medical Group (VCMC)

2000 Outlet Center Drive #110
Tel 604-4588

Providers:

Brecht-Doscher, M.D., Aimee
Lefkowitz, M.D., Robert

General Surgery

Lowe, M.D., Isaac

1700 N. Rose Avenue #440
Tel 983-0233

Medical Specialty Clinic – East (VCMC)

2240 E. Gonzales Road #110
Tel 981-5161

Provider:

Lowe, M.D., Isaac

Ophthalmology

California Retinal Consultants

1801 N. Solar Drive #145
Tel 983-8808

Providers:

Avery, M.D., Robert L.
Nasir, M.D., Ma'an

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By City

Miramar Eye Specialists

1901 Solar Drive #155
Tel 278-0057

Providers:

Frambach, M.D., Donald A.
McHugh, M.D., W. Colm
Nguyen, M.D., Tiffany
Trotter, M.D., William L.

Orthopedics

Las Islas Orthopedics (VCMC)
325 W. Channel Islands Boulevard
Tel 487-4326

Providers:

Takeda, M.D., John
Wu, M.D., Thomas

Orthopedics - Hand Surgery

Ishak, M.D., Andre
2100 N. Solar Drive #102
Tel 988-9366

Pediatric Specialist: Allergy

Mandalay Bay Women and Children's Medical Group (VCMC)
2000 Outlet Center Drive #110
Tel 604-4588

Provider:

Landon, M.D., Chris

Pediatric Specialist: Cardiology

Mandalay Bay Women and Children's Medical Group (VCMC)
2000 Outlet Center Drive #110
Tel 604-4588

Provider:

Leong, M.D., Frederic

Pediatric Specialist: Endocrinology

Mandalay Bay Women and Children's Medical Group (VCMC)
2000 Outlet Center Drive #110
Tel 604-4588

Provider:

Sandstrom, M.D. Anna

Pediatric Specialist: Hematology/Oncology

Mandalay Bay Women and Children's Medical Group (VCMC)
2000 Outlet Center Drive #110
Tel 604-4588

Providers:

Siegel, M.D., Stuart
Bracho, M.D., Francisco

Pediatric Specialist: Nephrology

Mandalay Bay Women and Children's Medical Group (VCMC)

2000 Outlet Center Drive #110
Tel 604-4588

Provider:

Grushkin, M.D., Carl

Pediatric Specialist: Neurology

Mandalay Bay Women and Children's Medical Group (VCMC)

2000 Outlet Center Drive #110
Tel 604-4588

Provider:

Goldie, M.D., William D.

Pediatric Specialist: Pulmonology

Mandalay Bay Women and Children's Medical Group (VCMC)

2000 Outlet Center Drive #110
Tel 604-4588

Provider:

Landon, M.D., Chris

Pediatric Specialist: Rheumatology

Mandalay Bay Women and Children's Medical Group (VCMC)

2000 Outlet Center Drive #110
Tel 604-4588

Provider:

Bernstein, M.D., Bram

Medicine Specialty Clinic – East (VCMC)

2240 E. Gonzales Road #110
Tel 981-5161

Provider:

Pearson, M.D., Duane

Pediatric Specialist: Urology

Mandalay Bay Women and Children's Medical Group (VCMC)

2000 Outlet Center Drive #110
Tel 604-4588

Provider:

Koh, M.D., Chester

Plastic Surgery

Medicine Specialty Clinic – East (VCMC)

2240 E. Gonzales Road #110
Tel 981-5161

Providers:

Lacerna, M.D., Melinda
Starr, M.D., William

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By City

Radiation/Oncology

Montes, M.D., Henry
1700 N. Rose Avenue #120
Tel 988-2657

O'Connor, M.D., Timothy
1700 N. Rose Avenue #120
Tel 988-2657

Piru Primary Care

Piru Family Medical Clinic (VCMC)
4061 Center Street
Tel 521-0960

Providers:
Johnston, M.D., Christine
Ekpendong, P.A. Emem

Santa Paula Primary Care

Santa Paula Hospital Clinic (VCMC) ▲
845 N. 10th Street #3
Tel 525-0215

Providers:
Solinas, M.D., Lisa
Castaneda, M.D., Catarina
Morris, M.D. Carolyn

Santa Paula Medical Clinic (VCMC) ▲
1334 E. Main Street #A & B
Tel 933-1122

Providers:
Castaneda, M.D., Catarina
Chandler, M.D., Robert
Davis, M.D., E. Connell ◆
Gomez, M.D., Ramon ◆
Kehoe, M.D., Nicole ◆
Noah, M.D. Jerold
Thompson, M.D., Jennifer (08/03/09)
Thompson, M.D., Payson (09/09/09)
Delgadillo, N.P., Maria

Santa Paula - West (VCMC) ▲
254 W. Harvard Boulevard #B
Tel 921-1600

Providers:
Bohl, M.D., Janelle (Peds) ◆
Levin, M.D., Robert
Nichols, M.D., Heather (Peds) ◆

Clinicas Del Camino Real, Inc. - Santa Paula ▲
500 E. Main Street
Tel 933-0895

Valley Medical Group ▲
247 W. Harvard Boulevard
Tel 525-0907

Provider:
Wikholm, M.D., Gary ◆

Westside Family Practice
400 E. Santa Barbara Street #A
Tel 525-2121

Providers:
Meyer, M.D., Alexander B.
Tushla, M.D., Michael
Tushla, M.D., Richard

Chen, M.D., Jian Anna (Adults Only)
243 March Street
Tel 525-7131, ext. 105

Dekkers, M.D., Robert J.
243 March Street
Tel 525-7131, ext. 102

Deutsch, M.D., Gary
243 March Street
Tel 525-7131, ext. 105

Lyne, M.D., Alan W. ◆
245 N. 10th Street
Tel 525-7515

Swartout, M.D., Michael (Adults Only) ❖
247 March Street
Tel 933-6622

Tubbs, M.D., Jeffrey V.
811 W. Telegraph Road
Tel 525-6112

Santa Paula Specialist Care

Cardiology

Santa Paula Hospital Clinic (VCMC) ▲
845 N. 10th Street #3
Tel 525-0215

Provider:
Lager, M.D., Michael

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By City

Endocrinology

Santa Paula West (VCMC)

254 W. Harvard Boulevard
Tel 921-1600

Provider:

Sandstrom, M.D., Anna

Alta California Medical Group, Inc

2925 N. Sycamore Drive #204 & 205
Tel 578-9620

Providers:

Kushigemachi, M.D., Masahiro
Muzsnai, Jr., M.D., Dominic
Nelson, M.D., Bruce
Odio, M.D., Alberto

General Surgery

Santa Paula Hospital Clinic (VCMC) ▲

845 N. 10th Street #3
Tel 525-0215

Providers:

Blickenstaff, M.D., Kurt
Lowe, M.D. Isaac

Huang, M.D., Wei-Chi (Pediatrics Only) ▲

2650 Jones Way #11
Tel 526-2700

Wasser, M.D., Harris (No Children under 12)

2950 N. Sycamore Drive #200
Tel 522-4004

Obstetrics

Santa Paula Hospital Clinic (VCMC) ▲

845 N. 10th Street #3
Tel 525-0215

Providers:

Howe, M.D., Candace
Kelley, M.D., Fred

Simi Valley Specialist Care

Cardiology

Sierra Vista Family Medical Clinic (VCMC)

4531 Alamo Street
Tel 520-3248

Provider:

Lager, M.D., Michael

Ophthalmology

Miramar Eye Specialists

957 Faulkner Road #102
Tel 525-1737

Providers:

Beuttler, M.D., Kathleen M.
Pesheva, M.D., Maria

Endocrinology

Sierra Vista Family Medical Clinic (VCMC)

4531 Alamo Street
Tel 520-3248

Provider:

Ficks, M.D., Lauren

Orthopedics

Santa Paula Hospital Clinic (VCMC) ▲

845 N. 10th Street #3
Tel 525-0215

Provider:

Zimmerman, M.D., Andre

ENT (Otorhinolaryngology)

Vaidya, M.D., Abhay

2876 N. Sycamore Drive
Tel 527-7320

Nephrology

Kidney Center of Simi Valley

2950 N. Sycamore Drive #100
Tel 584-0177

Neurology

Sierra Vista Family Medical Clinic (VCMC)

4531 Alamo Street
Tel 520-3248

Provider:

Muthukumar, M.D., Abirami

Simi Valley Primary Care

Sierra Vista Family Medical Clinic (VCMC)

4531 Alamo Street
Tel 520-3248

Providers:

Amini, M.D., Miriam
Flom, M.D., Sheila ◆
Hook, D.O., Renee ◆
Kim, M.D., Catherine A. ◆
Krishnankutty, M.D., Rekha (Peds)
Lipeles, M.D., Lois (Peds)
Meshriky, M.D., Joseph (08/15/09)
Siddiqui, M.D., Asra (IM)
Sportelli, M.D., Marisa ◆
Rubino, P.A., Linda

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.

(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ◆ Practice Closed or Limited

Network Providers – By City

Podiatry

Kuzyk, D.P.M., Donald
2925 N. Sycamore Drive #109
Tel 584-3510

Rheumatology

Narhi, M.D., Diane C.
2925 N. Sycamore Drive #109
Tel 583-0243

Urology

Simi Valley Urology
2925 N. Sycamore Drive #103
Tel 583-0944

Providers:

Devendra, M.D., Ganesh L.
Reddy, M.D., Muni N.

Thousand Oaks Primary Care

Conejo Valley Family Medical Group (VCMC)
223 E. Thousand Oaks Boulevard #102
Tel 370-0600

Providers:

Carvalho, M.D., J. Paulo ◆
Holbrook, D.O., Pamela ◆
Petkar, M.D., Archana
Smith, M.D., Mark
Aviña, N.P., Norma
Oechsli, P.A., Mark

Arroyo Oaks Medical Group ▲
2230 Lynn Road 2nd Floor
Tel 495-1066

Provider:

Tavari, D.O., Daniel

Wasser, M.D., Harris (No Children under 12)
333 S. Moorpark Road
Tel 494-9441

Thousand Oaks Specialist Care

ENT (Otorhinolaryngology)

West Coast Ear, Nose & Throat (Hearing testing only)
301 S. Moorpark Road
Tel 379-9646

Providers:

Lee, M.D., Jaesung
Vaidya, M.D., Abhay
Wareham, M.D., Martin

Waldman, M.D., Glenn

415 E. Rolling Oaks Drive #190
Tel 494-4797

Gastroenterology

George, M.D., Alister (Endoscopy in Thousand Oaks only)
509 Marin Street #134
Tel 495-9488

Neurology

Conejo Valley Family Medical Group (VCMC)
223 E. Thousand Oaks Boulevard #102
Tel 370-0600

Provider:

Cardenas, M.D., Doris

Pediatric Specialist: Cardiology

Leong, M.D., Frederic
227 W. Janss Road #205
Tel 497-7214

Radiation/Oncology

Coastal Radiation Oncology Med. Grp.
2230 Lynn Road #103
Tel 496-4111

Providers:

Hesselgesser, M.D., Robert D.
Miller, M.D., Paul J.

Urology

Simi Valley Urology
2190 Lynn Road #290
Tel 373-8611

Providers:

Devendra, M.D., Ganesh L.
Reddy, M.D., Muni N.

Ventura Primary Care

Faculty Medical Group (VCMC)
133 W. Santa Clara Street
Tel 641-6300

Provider:

Jones, M.D., Brock ◆

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ◆ Practice Closed or Limited

Network Providers – By City

Family Care Center (VCMC)

3291 Loma Vista Road
Tel 652-6635

Providers:

Araujo, M.D., David ◆
Fankhauser, M.D., John ◆
Helmer, M.D. James ◆
Lambing, M.D., Cheryl ◆
Leibovitch, M.D., Eric (IM) ◆
Pawson, M.D., Leslie Lynn ◆
Rogers, M.D., Stevenson (07/01/09) ◆
Villasenor, M.D., Rocio (Peds) ◆
Wong, M.D., Bryan ◆
Horwitz, N.P., Michele ◆
Salas, N.P., Sonia ◆

Pediatric Diagnostic Center (VCMC)

3160 Loma Vista Road
Tel 641-4490

Providers:

Landon, M.D., Chris ◆
Niazi, M.D., Suhad ◆
Park, M.D., Maggie ◆
Reisbord, M.D. Jodie ◆
Russell, M.D., Paul ◆

West Ventura Medical Clinic (VCMC)

133 W. Santa Clara Street
Tel 641-5600

Providers:

Barr, M.D., Steven (IM) ◆
England, M.D., Linda ◆
Francke, M.D., Wendy ◆◆
Jennings, M.D., Dana ◆
Jorgensen, M.D., Neil ◆
Schoeld, M.D., Kristi ◆
Sujanani, M.D., Sunita ◆
Ulrich, M.D., Ramsey (IM) ◆◆
Wade, M.D., Becky (IM) ◆

Clinicas Del Camino Real, Inc. - Ventura

200 S. Wells Road #100
Tel 647-6322

Coastal Pediatric Medical Group

100 N Brent Street #102
Tel 643-9271

Providers:

Blank, M.D., David ◆
Fostakowsky, M.D., Robert ◆
Pecht, M.D., Benjamin ◆

Barbosa, M.D., J. Bruce

2945 Loma Vista Road
Tel 648-6851

Bloom, M.D., Stuart M.

2533 E. Main Street
Tel 652-2244

Chronis, M.D., Carey B. (Pediatrics Only)

5850 Thille Street #103
Tel 642-4704

Datlow, M.D., Michael S.

2715 E. Main Street
Tel 643-2228

Frochtz wajg, M.D., Stan

2629 Loma Vista Road
Tel 641-1780

Hornstein, M.D., James W.

2793 Loma Vista Road
Tel 643-9292

McBreen, M.D., Thomas S.

2929 Loma Vista Road #E
Tel 653-5741

Sands, M.D., James

2715 E. Main Street
Tel 643-2228

White, M.D., Kevin (Pediatrics Only)

2660 E. Main Street #204
Tel 643-7500

Ventura Specialist Care

Allergy

Rosengren, M.D., Harold

2929 Loma Vista Road #B
Tel 643-5531

Verma, M.D., Sanjiv

3003 Loma Vista Road #A
Tel 643-9986

Villaveces, M.D., James

4080 Loma Vista Road #M
Tel 656-0433

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.

(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ◆ Practice Closed or Limited

Network Providers – By City

Ventura Specialist Care (continued)

Cardiology

Cardiology Associates Medical Group

168 N. Brent Street #503

Tel 653-0101

Providers:

Brackett, M.D., Jeffrey C.

Ginkel, M.D., Mark L.

Patel, M.D., Shaun

Steinberg, M.D., Alon A.

VCMC Cardiology Clinic (VCMC)

3291 Loma Vista Road

Tel 652-5787

Providers:

Clark, M.D., Daniel

Lager, M.D., Michael

Ventura Cardiology Consultants

100 N. Brent Street #301

Tel 648-2763

Providers:

Kong, M.D., Thomas Q.

Mayer, M.D., Nolan J.

Wilkinson, M.D., Douglas

Dermatology

Karlsberg, M.D., Peter

1190 S. Victoria Avenue #300

Tel 677-1600

Thacher, M.D., John

227 N. Dos Caminos,

Tel 648-6969

Endocrinology

Chochinov, M.D., Ronald H.

168 N. Brent Street #405

Tel 667-3909

Medicine Specialty Center – West

133 W. Santa Clara Street

Tel 641-5694

Provider:

Ficks, M.D., Lauren

Westhoff-Pankratz, M.D., Tricia

168 N. Brent Street #405

Tel 667-3909

ENT (Otorhinolaryngology)

Edison, M.D., John

3003 Loma Vista Road

Tel 648-3081

Hantke, M.D., David R.

3003 Loma Vista Road

Tel 648-3081

ENT (Otorhinolaryngology) Surgery

Anacapa Surgical Associates (VCMC)

3170 Loma Vista Road #B

Tel 641-4431

Provider:

Edison, M.D., John

Hantke, M.D., David

Mowry, M.D., Sarah

Nguyen, M.D., Chau

Peters, M.D., Arthur

Mofid, P.A., Marci

Gastroenterology

168 Brent Street #405

Tel 641-6525

Providers:

Covington, M.D., Stephen D.

Lin, M.D., Tesu

Lyche, M.D., Kip D.

Menz, M.D., Charles L.

Pedraza, M.D., Benito

General Surgery

Anacapa Surgical Associates (VCMC)

3170 Loma Vista Road #B

Tel 641-4431

Providers:

Blickenstaff, M.D., Kurt

Kaminnski, M.D., Stephen

Duncan, M.D., Tom

Kimbrell, M.D., Brian

Romero, M.D., Javier

Schweitzer, M.D., Jeremy

Williams, M.D., Michael E.

Hematology/Oncology

Kong, M.D., Lynn

168 N. Brent Street #501

Tel 485-8709

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.

(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By City

VCMC Hem/Onc (VCMC)

3291 Loma Vista Road Bldg 322
Tel 652-6218

Providers:

Larks, M.D., Milcah
Ouwendijk, M.D., Robert
Prichard, M.D., John (FP)
Rabkin, M.D., Angela (IM)
Slater, M.D., Evan

Medicine Specialty Clinic - WEST (VCMC)

133 W. Santa Clara Street
Tel 641-5694

Provider:

Dergalust, M.D., Robert
McMurtray, M.D., Aaron



Sheehy, M.D., James T.

2833 Loma Vista Road
Tel 648-2504

Immunology

VCMC Immunology Clinic (VCMC)

3147 Loma Vista Road
Tel 652-6524

Providers:

Castel, M.D., Uldine
Pawson, M.D., Leslie Lynn
Prichard, M.D., John

Neurosurgery

Anacapa Surgical Associates (VCMC)

3170 Loma Vista Road #B
Tel 641-4431

Providers:

Herman, M.D., James

Neonatology

VCMC Neonatology (NICU) (VCMC)

3291 Loma Vista Road
Tel 652-6084

Providers:

Levine, M.D., Vladimir
Safar, M.D., Siamak

Obstetrics and Gynecology

Women's Health Care Center (VCMC)

133 W. Santa Clara Street
Tel 641-5711

Providers:

Howe, M.D., Candace
Kelley, M.D., Fred
Lefkowitz, M.D., Robert
Silverman, M.D., Ira
Vega, M.D., Juan

Nephrology

Vista Del Mar Medical Group

4567 Telephone Road #102
Tel 643-2113

Providers:

Elson, M.D., Henry
Swerdlin, M.D., Aron

Ophthalmology

Brinkenhoff, M.D., Michael C.

231 N. Dos Caminos Avenue
Tel 648-2849

Chang, M.D., Steven

3160 Telegraph Road #102
Tel 644-7312

Luttrull, M.D., Jeffrey

3160 Telegraph Road #230
Tel 650-0664

Miramar Eye Specialists

3085 Loma Vista Road
Tel 648-1825

Providers:

Beuttler, M.D., Kathleen M.
Boggs, M.D., Michael B.
Corwin, M.D., Joel M.
Davidson, M.D., John L.
Ebroon, M.D., Daniel
Frambach, M.D., Donald A.
McHugh, M.D., W. Colm
Pesheva, M.D., Maria
Trotter, M.D., William

Neurology

Amorteguy, M.D., Albert E.

2833 Loma Vista Road
Tel 648-2504

Anacapa Surgical Associates

3170 Loma Vista Road #B
Tel 641-4431

Provider:

Dergalust, M.D., Robert



Leonard, M.D., Jeffrey A.

2833 Loma Vista Road
Tel 648-2504

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By City

Ventura Specialist Care (continued)

Zarrinkelk, D.D.S., Hooman
2859 Loma Vista Road #A
Tel 648-5121

Orthopedics

VCMC Orthopedic Clinic (VCMC)
3291 Loma Vista Road
Tel 652-6139
Providers:

Benson, M.D., Emily
Taketa, M.D., John
Wu, M.D., Thomas
Stuhr, D.P.M., Frank (Podiatry)
Vines, D.P.M., Steven M. (Podiatry)
Brooks, PA-C, Kelly
Coggins, PA-C, Michael

Pediatric Specialist: Allergy

Pediatric Diagnostic Center (VCMC)
3160 Loma Vista Road
Tel 641-4490
Provider:
Landon, M.D., Chris

Pediatric Specialist: Cardiology

Pediatric Diagnostic Center (VCMC)
3160 Loma Vista Road
Tel 641-4490
Provider:
Leong, M.D., Frederic

VCMC Cardiology Clinic (VCMC)
3291 Loma Vista Road
Tel 652-5787
Provider:
Leong, M.D., Frederic

Pediatric Specialist: Cleft Lip/Palate

Pediatric Diagnostic Center (VCMC)
Cleft Lip/Palate Clinic
3160 Loma Vista Road
Tel 641-4490

Pediatric Specialist: Cystic Fibrosis

Pediatric Diagnostic Center (VCMC)
Cystic Fibrosis Clinic
3160 Loma Vista Road
Tel 641-4490

Pediatric Specialist: Endocrinology

Pediatric Diagnostic Center (VCMC)
3160 Loma Vista Road
Tel 641-4490
Provider:
Neufeld, M.D., Naomi

Pediatric Specialist: Gastroenterology

Pediatric Diagnostic Center (VCMC)
3160 Loma Vista Road
Tel 641-4490
Providers:
Ament, M.D., Marvin
Ziring, M.D., David

Pediatric Specialist: Hematology

Pediatric Diagnostic Center (VCMC)
3160 Loma Vista Road
Tel 641-4490
Provider:
Coates, M.D., Thomas

Pediatric Specialist: Hematology/Oncology

Pediatric Diagnostic Center (VCMC)
3160 Loma Vista Road
Tel 641-4490
Provider:
Bracho, M.D., Francisco

Pediatric Specialist: Nephrology

Pediatric Diagnostic Center (VCMC)
3160 Loma Vista Road
Tel 641-4490
Provider:
Yadin, M.D., Ora

Pediatric Specialist: Neurology

Pediatric Diagnostic Center (VCMC)
3160 Loma Vista Road
Tel 641-4490
Provider:
Goldie, M.D., William D.

Pediatric Specialist: Oncology

Pediatric Diagnostic Center (VCMC)
3160 Loma Vista Road
Tel 641-4490
Provider:
Siegel, M.D., Stuart

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By City

Pediatric Specialist: Ophthalmology

Pediatric Diagnostic Center (VCMC)

3160 Loma Vista Road

Tel 641-4490

Provider:

Davidson, M.D., John

Pediatric Specialist: Orthopedics

3291 Loma Vista Road (VCMC)

Tel 652-6139

Providers:

Early, M.D., Sean

Maguire, M.D., Michael

Pediatric Specialist: Plastic Surgery

Pediatric Diagnostic Center (VCMC)

3160 Loma Vista Road

Tel 641-4490

Provider:

Starr, M.D., William

Pediatric Specialist: Pulmonology

Pediatric Diagnostic Center (VCMC)

3160 Loma Vista Road

Tel 641-4490

Provider:

Landon, M.D., Chris

Pediatric Specialist: Surgery

Anacapa Surgical Associates (VCMC)

3170 Loma Vista Road #B

Tel 641-4431

Provider:

Keshan, M.D., Tamir

Podiatry

Collet, D.P.M., John

1643 E. Main Street

Tel 648-4105

Stuhr, D.P.M., Frank

2949 Loma Vista Road #A

Tel 643-8572

Pulmonology

Ventura Pulmonology & Critical Care

168 N. Brent Street #406

Tel 653-6371

Providers:

Arfaei, M.D., Asghar

Bernstein, M.D., Robert J.

Brugman, M.D., Thomas M.

Handley, M.D., John A.

Rheumatology

Medicine Specialty Center – West (VCMC)

133 W. Santa Clara Street

Tel 641-5694

Provider:

Pearson, M.D., Duane

Peter, M.D., Alan

4080 Loma Vista Road #J

Tel 658-6744

Urology

Beagler, M.D., Marc

145 N. Brent Street #202

Tel 643-4067

Klope, M.D., William T.

2755 Loma Vista Road

Tel 641-3689

Silverman, M.D., Paul

145 N. Brent Street #202

Tel 643-4067

West Ventura Urology Clinic (VCMC)

133 W. Santa Clara Street

Tel 641-5706

Providers:

Beagler, M.D., Marc

Chieng, M.D., Tung-Hua

Klope, M.D., William T.

Silverman, M.D., Paul

Vascular Surgery

California Cardiovascular and Thoracic Surgeons, Inc.

145 N. Brent Street #102

Tel 643-2375

Providers:

Bushnell, M.D., Lamar J.

Gaal, M.D., Peter G.

Major, M.D. Kevin M.

Romolo, M.D., Joseph L.

Tedesco, M.D., Dominic J.

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.

(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Urgent Care Facilities

Please Note: These providers are for Urgent Care* use only, not for routine care.
As always, you may self-refer to any Urgent Care Facility available.**

Appointments are not necessary at an Urgent Care Clinic
but it can usually save you time if you call ahead

Fillmore

Fillmore Urgent Care Center

828 Ventura Street #120 • Telephone 524-8604

Urgent Care Hours:

M - F 10:00 a.m. – 8:00 p.m.
Sat 9:00 a.m. – 5:00 p.m.

Simi Valley

Med Center Family Urgent Care

1980 Sequoia Avenue • Telephone 583-5555

Urgent Care Hours:

M - F 8:00 a.m. – 8:00 p.m.
Sat, Sun, and 9:00 a.m. – 5:00 p.m.
Holidays

Newbury Park

Newbury Park Urgent Care

2080 Newbury Park Road • Telephone 499-0308

Urgent Care Hours:

M - F 8:00 a.m. – 8:00 p.m.
Sat, Sun, and 9:00 a.m. – 5:00 p.m.
Holidays

Thousand Oaks

Thousand Oaks Urgent Care Center

602 E. Janss Road • Telephone 495-6866

Urgent Care Hours:

M - F 8:00 a.m. – 8:00 p.m.
Sat, Sun, and 9:00 a.m. – 5:00 p.m.
Holidays

Oxnard

Las Islas Urgent Care Center

325 W. Channel Islands Boulevard • Telephone 483-0198

Urgent Care Hours:

M - F 9:00 a.m. – 7:00 p.m.
Sat 9:00 a.m. – 5:00 p.m.

Ventura

West Ventura Urgent Care Center

133 W. Santa Clara Street • Telephone 641-5620

Urgent Care Hours:

M - F 9:00 a.m. – 7:00 p.m.
Sat 9:00 a.m. – 5:00 p.m.
Sun 8:00 a.m. – 1:00 p.m.

Magnolia Urgent Care Center

2240 E. Gonzales Road #100 • Telephone 981-5181

Urgent Care Hours:

M - F 9:00 a.m. – 7:00 p.m.
Sat & Sun 8:00 a.m. – 5:00 p.m.

***Urgent Care Is Defined:** Same day treatment for illness and minor injuries including after-hours care or when unable to access Primary Care Provider. All follow-up care must be with your primary care provider, otherwise Plan authorization is required.

****Urgent Care Copayment:** Many urgent care facilities require payment for care rendered at the time of care and will not bill your insurance carrier. If you pay for the care, submit a copy of your receipt to the Plan and the Plan will reimburse you, minus your copayment.

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By Specialty

Allergy

Rosengren, M.D., Harold	1100 West Gonzales Road #102, Oxnard	983-0880
and	2929 Loma Vista Road #B, Ventura	643-5531
Verma, M.D., Sanjiv	451 W. Gonzales Road #150, Oxnard	983-0771
and	3003 Loma Vista Road # A, Ventura	643-9986
Villaveces, M.D., James	4080 Loma Vista Road #M, Ventura	656-0433

Cardiology

Brackett, M.D., Jeffrey C.	1701 Solar Drive #150, Oxnard	278-4020
and	168 N. Brent Street #503, Ventura	653-0101
Clark, M.D., Daniel	3291 Loma Vista Road	652-5787
Garcia, M.D., Alejandro	2100 N. Solar Drive #200, Oxnard	485-3800
Ginkel, M.D., Mark L.	1701 Solar Drive #150, Oxnard	278-4020
and	168 N. Brent Street #503, Ventura	653-0101
Kong, M.D., Thomas Q.	100 N. Brent Street #301, Ventura	648-2763
Lager, M.D., Michael (VCMC)	845 N. 10th Street #3, Santa Paula	525-0215
and	4531 Alamo Street, Simi Valley	520-3248
and	3291 Loma Vista Road, Ventura	652-5787
Mayer, M.D., Nolan J.	100 N. Brent Street #301, Ventura	648-2763
Patel, M.D., Shaun	1701 Solar Drive #150, Oxnard	278-4020
and	168 N. Brent Street #503, Ventura	653-0101
Rothschild, M.D., Richard	2241 Wankle Way #C, Oxnard	983-0922
Schmidt, M.D., David	2241 Wankle Way #C, Oxnard	983-0922
Steinberg, M.D., Alon A.	1701 Solar Drive #150, Oxnard	278-4020
and	168 N. Brent Street #503, Ventura	653-0101
Wilkinson, M.D., Douglas	100 N. Brent Street #301, Ventura	648-2763
Zager, M.D., Scott	2241 Wankle Way #C, Oxnard	983-0922

Dermatology

Karlsberg, M.D., Peter	1190 S. Victoria Avenue #300, Ventura	677-1600
Lau, M.D., Jacob	1150 N. Ventura Road, Oxnard	482-4646
Seidman, M.D., Donald (VCMC)	2240 E. Gonzales Road #110, Oxnard	981-5161
Thacher, M.D., John	227 N. Dos Caminos, Ventura	648-6969

Endocrinology

Chochinov, M.D., Ronald H.	168 N. Brent Street #405, Ventura	667-3909
Ficks, M.D., Lauren (VCMC)	4531 Alamo Street, Simi Valley	520-3248
and (VCMC)	133 W. Santa Clara Street, Ventura	641-5694
Sandstrom, M.D., Anna	254 W. Harvard Boulevard	921-1600
Shah, M.D., Nissar	2240 E. Gonzales Road #110, Oxnard	981-5161
Westhoff-Pankartz, M.D., Tricia	168 N. Brent Street #405, Ventura	667-3909

ENT (Otorhinolaryngology)

Edison, M.D., John	3003 Loma Vista Road, Ventura	648-3081
and	3170 Loma Vista Road #B	641-4431
Hantke, M.D., David R.	3003 Loma Vista Road, Ventura	648-3081
and	3170 Loma Vista Road #B	641-4431
Lee, M.D., Jaesung (Hearing tests Only)	301 S. Moorpark Road, Thousand Oaks	379-9646
Mowry, M.D., Sarah	3170 Loma Vista Road #B, Ventura	641-4431
Nguyen, M.D., Chau (VCMC) (ENT Surgery)	3170 Loma Vista Road #B, Ventura	641-4431

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By Specialty

ENT (Otorhinolaryngology) (continued)

Peters, M.D., Arthur	3170 Loma Vista Road #B	641-4431
Vaidya, M.D., Abhay (Hearing tests Only)	2876 N. Sycamore Drive, Simi Valley	527-7320
and	301 S. Moorpark Road, Thousand Oaks	379-9646
Waldman, M.D., Glenn	415 E. Rolling Oaks Drive #190, Thousand Oaks	494-4797
Wareham, M.D., Martin (Hearing tests Only)	301 S. Moorpark Road, Thousand Oaks	379-9646

Gastroenterology

Billesdon, M.D., John (VCMC)	2240 E. gonzales Road #110	981-5161
Covington, M.D., Stephen D.	168 Brent Street #405, Ventura	641-6525
George, M.D., Alister (Endoscopy in Thousand Oaks only)	509 Marin Street #134, Thousand Oaks	495-9488
Lin, M.D., Tesu	168 Brent Street #405, Ventura	641-6525
Lyche, M.D., Kip D.	168 Brent Street #405, Ventura	641-6525
Menz, M.D., Charles L.	168 Brent Street #405, Ventura	641-6525
Pedraza, M.D., Benito	168 Brent Street #405, Ventura	641-6525
Sanchez, M.D., Paul	2240 E. gonzales Road #110	981-5161

General Surgery

Blickenstaff, M.D., Kurt (VCMC)	845 N. 10th Street #3, Santa Paula	525-0215
and (VCMC)	3170 Loma Vista Road #B, Ventura	641-4431
Dixon, M.D., Neal	2438 Ponderosa Drive #C207, Camarillo	484-3513
Duncan, M.D., Tom (VCMC)	3170 Loma Vista Road #B, Ventura	641-4431
Kaminski, M.D., Stephen	3170 Loma Vista Road #B, Ventura	641-4431
Kimbrell, M.D., Brian (VCMC)	3170 Loma Vista Road #B, Ventura	641-4431
Lowe, M.D., Isaac (VCMC)	2240 E. Gonzales Road #110	981-5161
and	1700 N. Rose Avenue #440, Oxnard	983-0233
and	845 N. 10th Street #3, Sant Paula	525-0215
Nishikawa, M.D., Wallace	1700 N. Rose Avenue #440, Oxnard	983-0233
Romero, M.D., Javier (VCMC)	3170 Loma Vista Road #B, Ventura	641-4431
Schweitzer, M.D., Jeremy (VCMC)	3170 Loma Vista Road #B, Ventura	641-4431
Williams, M.D., Michael E. (VCMC)	3170 Loma Vista Road #B, Ventura	641-4431

Hematology/Oncology

Chang, M.D., Kevin	1700 N. Rose Avenue, #320, Oxnard	485-8709
Kelley, M.D., Ann	1700 N. Rose Avenue #320, Oxnard	485-8709
Kong, M.D., Lynn	1700 N. Rose Avenue, #320, Oxnard	485-8709
and	168 N. Brent Street #501, Ventura	485-8709
Larks, M.D., Milcah (VCMC)	3291 Loma Vista Road Building 322, Ventura	652-6218
McIntyre, M.D., Rosemary	1700 N. Rose Avenue, #320, Oxnard	485-8709
Ouwendijk, M.D., Robert	3291 Loma Vista Road Building 322, Ventura	652-6218
Prichard, M.D., John (FP) (VCMC)	3291 Loma Vista Road Building 322, Ventura	652-6218
Parsa, M.D., Kooros	1700 N. Rose Avenue #320, Oxnard	485-8709
Rabkin, M.D., Angela (IM) (VCMC)	3291 Loma Vista Road Building 322, Ventura	652-6218
Slater, M.D., Evan	3291 Loma Vista Road Building 322, Ventura	652-6218

Immunology

Castel, M.D., Uldine (VCMC)	3147 Loma Vista Road, Ventura	652-6524
Pawson, M.D., Leslie Lynn (VCMC)	3147 Loma Vista Road, Ventura	652-6524
Prichard, M.D., John (VCMC)	3147 Loma Vista Road, Ventura	652-6524

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.

(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By Specialty

Neonatology

Levine, M.D., Vladimir (VCMC)	3291 Loma Vista Road, Ventura	652-6084
Safar, M.D., Siamak (VCMC)	3291 Loma Vista Road, Ventura	652-6084

Nephrology

Bednarski, M.D., Nicholas	3901 Las Posas Road #4, Camarillo	482-5699
and	1200 W. Gonzales Road #300, Oxnard	983-0691
Chieu, M.D., Frank	3901 Las Posas Road #4, Camarillo	482-5699
and	1200 W. Gonzales Road #300, Oxnard	983-0691
Elson, M.D., Henry	1200 W. Gonzales Road #300, Oxnard	983-0691
and	4567 Telephone Road #102, Ventura	643-2113
Ledesma, M.D., Steven	1200 W. Gonzales Road #300, Oxnard	983-0691
Liu, M.D., Tane	1200 W. Gonzales Road #300, Oxnard	983-0691
and	4567 Telephone Road #102, Ventura	643-2113
Swerdlin, M.D., Aron	1200 W. Gonzales Road #300, Oxnard	983-0691
and	4567 Telephone Road #102, Ventura	643-2113

Neurology

Amorteguy, M.D., Albert E.	2833 Loma Vista Road, Ventura	648-2504
Cardenas, M.D. Doris A. (VCMC)	35 West Los Angeles Avenue, Moorpark	529-4624
and	223 E. Thousand Oaks Boulevard #102, Thousand Oaks	370-0600
Dergalust, M.D. Robert (VCMC)	133 W. Santa Clara Street, Ventura	641-5694
and	3170 Loma Vista Road #B	641-4431
Leonard, M.D., Jeffrey A.	2833 Loma Vista Road, Ventura	648-2504
McMurtray, M.D., Aaron	133 W. Santa Clara Street, Ventura	641-5694
Muthukumar, M.D. Abirami (VCMC)	4531 Alamo Street, Simi Valley	520-3248
Sheehy, M.D., James T.	2833 Loma Vista Road, Ventura	648-2504

Neurosurgery

Herman, M.D., James (VCMC)	3170 Loma Vista Road #B, Ventura	641-4431
----------------------------	----------------------------------	----------

Obstetrics and Gynecology

Blaze, M.D., Allison (VCMC)	2500 S. "C" Street #B, Oxnard	385-9142
Brecht-Doscher, M.D., Aimee (VCMC)	2000 Outlet Center Drive #110, Oxnard	604-4588
Howe, M.D., Candace (VCMC)	845 N. 10th Street #3, Santa Paula	525-0215
and (VCMC)	133 West Santa Clara Street, Ventura	641-5711
Kelley, M.D., Fred (VCMC)	845 N. 10th Street #3, Santa Paula	525-0215
and (VCMC)	133 West Santa Clara Street, Ventura	641-5711
Lefkowitz, M.D., Robert (VCMC)	2000 Outlet Center Drive #110, Oxnard	604-4588
and (VCMC)	133 West Santa Clara Street, Ventura	641-5711
Silverman, M.D., Ira (VCMC)	133 West Santa Clara Street, Ventura	641-5711
Vega, M.D., Juan (VCMC)	133 West Santa Clara Street, Ventura	641-5711
Villasenor, M.D., Rocio (VCMC)	2500 S. "C" Street #B, Oxnard	385-9142

Ophthalmology

Avery, M.D., Robert L.	1801 N. Solar Drive #145, Oxnard	983-8808
Brinkenhoff, M.D., Michael C.	231 N. Dos Caminos Avenue, Ventura	648-2849
Beuttler, M.D., Kathleen M.	957 Faulkner Road #102, Santa Paula	525-1737
and	3085 Loma Vista Road, Ventura	648-1825

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.

(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By Specialty

Ophthalmology (continued)

Boggs, M.D., Michael B.	204 Pirie Road #A, Ojai	648-3085
and	3085 Loma Vista Road, Ventura	648-1825
Chang, M.D., Steven	216 E. Matilija Street, Ojai	644-7312
and	3438 Loma Vista Road, Ventura	644-7312
Corwin, M.D., Joel M.	2438 Ponderosa Drive North #C-110, Camarillo	987-8705
and	3085 Loma Vista Road, Ventura	648-1825
Davidson, M.D., John L.	2438 Ponderosa Drive North #C-110, Camarillo	987-8705
and	3085 Loma Vista Road, Ventura	648-1825
Ebroon, M.D., Daniel	3085 Loma Vista Road, Ventura	648-1825
Frambach, M.D., Donald A.	1901 Solar Drive #155, Oxnard	278-0057
and	3085 Loma Vista Road, Ventura	648-1825
Luttrell, M.D., Jeffrey K.	1200 Paseo Camarillo #180, Camarillo	650-0664
and	3160 Telegraph Road #230, Ventura	650-0664
McHugh, M.D., W. Colm	204 Pirie Road #A, Ojai	648-3085
and	1901 Solar Drive #155, Oxnard	278-0057
and	3085 Loma Vista Road, Ventura	648-1825
Nasir, M.D., Ma'an	1801 N. Solar Drive #145, Oxnard	983-8808
Nguyen, M.D., Tiffany	2438 Ponderosa Drive North #C-110, Camarillo	987-8705
and	1901 Solar Drive #155, Oxnard	278-0057
Pesheva, M.D., Maria	2438 Ponderosa Drive North #C-110, Camarillo	987-8705
and	957 Faulkner Road #102, Santa Paula	525-1737
and	3085 Loma Vista Road, Ventura	648-1825
Trotter, M.D., William L.	2438 Ponderosa Drive North #C-110, Camarillo	987-8705
and	1901 Solar Drive #155, Oxnard	278-0057
and	3085 Loma Vista Road, Ventura	648-1825
Young, M.D., Andrew	2438 Ponderosa Drive North #C-110, Camarillo	987-8705

Oral/Maxillofacial Surgery

Zarrinkelk, D.D.S., Hooman	2859 Loma Vista Road #A, Ventura	648-5121
----------------------------	----------------------------------	----------

Orthopedics

Benson, M.D., Emily (VCMC)	3291 Loma Vista Road, Ventura	652-6139
Ishak, M.D., Andre (Hand Surgery)	2100 N. Solar Drive #102, Oxnard	988-9366
Taketa, M.D., John G. (VCMC)	828 Ventura Street #100, Fillmore	524-2000
and	325 W. Channel Islands Boulevard	487-4326
and (VCMC)	3291 Loma Vista Road, Ventura	652-6139
Wu, M.D., Thomas	3291 Loma Vista Road, Ventura	652-6139
and	325 W. Channel Islands Boulevard	487-4326
Zimmerman, M.D., Andre	828 Ventura Street, Fillmore	514-9603
and	845 N. 10th Street #3, Santa Paula	525-0215

Pediatric Specialist: Allergy

Landon, M.D., Chris (VCMC)	2000 Outlet Center Drive #110, Oxnard	604-4588
and (VCMC)	3160 Loma Vista Road, Ventura	641-4490

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By Specialty

Pediatric Specialist: Cardiology

Leong, M.D., Frederic (VCMC)	2000 Outlet Center Drive #110, Oxnard	604-4588
and	227 W. Janss Road #205, Thousand Oaks	497-7214
and (VCMC)	3291 Loma Vista Road, Ventura	652-5787
and (VCMC)	3160 Loma Vista Road, Ventura	641-4490

Pediatric Specialist: Cleft Lip/Palate

Cleft Lip/Palate Clinic (VCMC)	3160 Loma Vista Road, Ventura	641-4490
--------------------------------	-------------------------------	----------

Pediatric Specialist: Cystic Fibrosis

Cystic Fibrosis Clinic (Pediatric) (VCMC)	3160 Loma Vista Road, Ventura	641-4490
---	-------------------------------	----------

Pediatric Specialist: Endocrinology

Neufeld, M.D., Naomi (VCMC)	3160 Loma Vista Road, Ventura	641-4490
Sandstrom, M.D. Anna	2000 Outlet Center Drive #110	604-4588

Pediatric Specialist: Gastroenterology

Ament, M.D., Marvin (VCMC)	3160 Loma Vista Road, Ventura	641-4490
Ziring, M.D., David	3160 Loma Vista Road	641-4490

Pediatric Specialist: Hematology

Coates, M.D., Thomas (VCMC)	3160 Loma Vista Road, Ventura	641-4490
-----------------------------	-------------------------------	----------

Pediatric Specialist: Hematology/Oncology

Bracho, M.D., Francisco (VCMC)	3160 Loma Vista Road, Ventura	641-4490
and	2000 Outlet Center Drive #110	604-4588
Siegel, M.D., Stuart	2000 Outlet Center Drive #110, Oxnard	604-4588
and	3160 Loma Vista Road, Ventura	641-4490

Pediatric Specialist: Nephrology

Grushkin, M.D., Carl (VCMC)	2000 Outlet Center Drive #110, Oxnard	604-4588
Yadin, M.D., Ora (VCMC)	3160 Loma Vista Road, Ventura	641-4490

Pediatric Specialist: Neurology

Goldie, M.D., William D. (VCMC)	2000 Outlet Center Drive #110, Oxnard	604-4588
and (VCMC)	3160 Loma Vista Road, Ventura	641-4490

Pediatric Specialist: Oncology

Siegel, M.D., Stuart (VCMC)	2240 E. Gonzales Road #110, Oxnard	981-5161
and (VCMC)	2000 Outlet Center Drive #110 Oxnard,	604-4588
and (VCMC)	3160 Loma Vista Road, Ventura	641-4490

Pediatric Specialist: Ophthalmology

Davidson, M.D., John	3160 Loma Vista Road	641-4490
----------------------	----------------------	----------

Pediatric Specialist: Orthopedics

Early, M.D., Sean (VCMC)	3291 Loma Vista Road, Ventura,	652-6139
Maguire, M.D., Michael (VCMC)	3291 Loma Vista Road, Ventura,	652-6139

Pediatric Specialist: Plastic Surgery

Starr, M.D., William (VCMC)	3160 Loma Vista Road, Ventura	641-4490
-----------------------------	-------------------------------	----------

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By Specialty

Pediatric Specialist: Pulmonology

Landon, M.D., Chris (VCMC)	2000 Outlet Center Drive #110, Oxnard	604-4588
and (VCMC)	3160 Loma Vista Road, Ventura	641-4490

Pediatric Specialist: Surgery

Keshan, M.D., Tamir	3170 Loma Vista Road #8, Ventura	641-4431
---------------------	----------------------------------	----------

Pediatric Specialist: Rheumatology

Bernstein, M.D., Bram (VCMC)	2000 Outlet Center Drive #110, Oxnard	604-4588
Pearson, M.D., Duane (VCMC)	2240 E. Gonzales Road #110, Oxnard	981-5161

Pediatric Specialist: Urology

Koh, M.D., Chester (VCMC)	2000 Outlet Center Drive #110, Oxnard	604-4588
---------------------------	---------------------------------------	----------

Plastic Surgery

Lacerna, M.D., Melinda (VCMC)	2240 E. Gonzales Road #110, Oxnard	981-5161
Starr, M.D., William (VCMC)	2240 E. Gonzales Road #110, Oxnard	981-5161

Podiatry

Collet, D.P.M., John	1643 E. Main Street, Ventura	648-4105
Kuzyk, D.P.M., Donald	2369 Michael Drive, Newbury Park	499-3287
and	2925 N. Sycamore Drive #109, Simi Valley	584-3510
Milner, D.P.M., Jack	3901 E. Las Posas Road #201, Camarillo	484-1333
Stuhr, D.P.M., Frank	2949 Loma Vista Road #A, Ventura	643-8572
and	3291 Loma Vista Road	652-6139
Vines, D.P.M., Steven M. (VCMC)	3291 Loma Vista Road, Ventura	652-6139

Pulmonology

Arfaei, M.D., Asghar	168 N. Brent Street #406, Ventura	653-6371
Bernstein, M.D., Robert J.	168 N. Brent Street #406, Ventura	653-6371
Brugman, M.D., Thomas M.	168 N. Brent Street #406, Ventura	653-6371
Handley, M.D., John A.	168 N. Brent Street #406, Ventura	653-6371

Radiation/Oncology

Hesselgesser, M.D., Robert D.	2230 Lynn Road #103, Thousand Oaks	496-4111
Miller, M.D., Paul J.	2230 Lynn Road #103, Thousand Oaks	496-4111
Montes, M.D., Henry	5301 Mission Oaks Boulevard, Camarillo	484-7967
and	1700 N. Rose Avenue #120, Oxnard	988-2657
O'Connor, M.D., Timothy	5301 Mission Oaks Boulevard, Camarillo	484-1919
and	1700 N. Rose Avenue #120, Oxnard	988-2657

Rheumatology

Kelley, M.D., Peter (VCMC)	35 W. Los Angeles Avenue, Moorpark	529-4624
Narhi, M.D., Diane C.	2925 N. Sycamore Drive #109, Simi Valley	583-0243
Pearson, M.D., Duane (VCMC)	133 W. Santa Clara Street, Ventura	641-5694
Peter, M.D., Alan	4080 Loma Vista Road #J, Ventura	658-6744

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
(Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Providers – By Specialty

Urology

Beagler, M.D., Marc	145 N. Brent Street #202, Ventura	643-4067
and (VCMC)	133 W. Santa Clara Street, Ventura	641-5706
Chieng, M.D., Tung-Hua (VCMC)	133 W. Santa Clara Street, Ventura	641-5706
Devendra, M.D., Ganesh L.	2925 N, Sycamore Drive #103, Simi Valley	583-0944
and	2190 Lynn Road #290, Thousand Oaks	373-8611
Klope, M.D., William T. (VCMC)	133 W. Santa Clara Street, Ventura	641-5706
and	2755 Loma Vista Road, Ventura	641-3689
Reddy, M.D., Muni N.	2925 N. Sycamore Drive #103, Simi Valley	583-0944
and	2190 Lynn Road #290, Thousand Oaks	373-8611
Silverman, M.D., Paul (VCMC)	133 W. Santa Clara Street, Ventura	641-5706
and	145 N. Brent Street #202, Ventura	643-4067

Vascular Surgery

Bushnell, M.D., Lamar J.	145 N. Brent Street #102, Ventura	643-2375
Gaal, M.D., Peter G.	145 N. Brent Street #102, Ventura	643-2375
Major, M.D., Kevin M.	145 N. Brent Street #102, Ventura	643-2375
Romolo, M.D., Joseph L.	145 N. Brent Street #102, Ventura	643-2375
Tedesco, M.D., Dominic J.	145 N. Brent Street #102, Ventura	643-2375

(VCMC) after a provider name indicates that this provider is part of the VCMC Health Care System.
 (Copayments for most services obtained from VCMC providers are waived.)

Some Providers may not be taking new patients. Call their offices first to verify.

◆ Direct Access for women's health care services by a PCP, check with Provider regarding obstetrical care.

▲ Extended Hours ❖ Practice Closed or Limited

Network Pharmacies – By City

Agoura Hills

Kramer's Pharmacy
29525 Canwood Street
(818) 706-8099

Rite Aid
5747 N. Kanan Road
(818) 991-5258

CVS Pharmacy
5623 Kanan Road
(818) 991-5522

Camarillo

CVS Pharmacy
760 Arneill Road
(805) 484-0446

CVS Pharmacy
351-B Carmen Drive
(805) 484-3632

CVS Pharmacy
5259 Mission Oaks Boulevard
(805) 482-0707

The Medicine Shoppe
2173 Pickwick Drive
(805) 389-5311

Ralph's Pharmacy
674 Las Posas Road
(805) 445-1431

Rite-Aid Pharmacy
2550 Las Posas Road
(805) 482-2135

St. John's Pleasant Valley
2309 Antonio Avenue
(805) 389-5916

Carpinteria

Rite Aid
1012 Casitas Pass Road
(805) 684-4816

Shepard Place Pharmacy
1029 Casitas Pass Road
(805) 684-8367

Vons Pharmacy
850 Linden Avenue
(805) 684-4124

Fillmore

Rite Aid Pharmacy
600 Ventura Street
(805) 524-9792

Community Pharmacy
852 Ventura Street
(805) 524-9461

Malibu

CVS Pharmacy
23805 W. Malibu Road
(310) 456-9645

Dume Plaza Pharmacy
29211 Heathercliff Road
(310) 457-9707

Moorpark

CVS Pharmacy
155 W. Los Angeles Avenue
530-0996

CVS Pharmacy
475 W. Los Angeles Avenue
(805) 523-9595

Rite Aid
3941 Spring Road
(805) 529-5726

Newbury Park

CVS Pharmacy
2120 Newbury Road
(805) 499-0463

The Medicine Shoppe
2241 Michael Drive
(805) 375-6650

Ojai

Medical Arts Pharmacy
1320 Maricopa Highway
(805) 646-7211

The Medicine Shoppe
960 E. Ojai Avenue #A
(805) 646-0106

Ojai Rexall
1125 Maricopa Highway
(805) 646-4361

Rite Aid Pharmacy
11496 N. Ventura Avenue
(805) 646-6092

Oxnard

Apria Pharmacy Network
2150 N. Trabajo Drive #A
(805) 278-6700

Costco Pharmacy
2001 E. Ventura Boulevard
(805) 983-6344

CVS Pharmacy
551 S. Ventura Road
(805) 984-2003

CVS Pharmacy
2401 S. Saviers Road
(805) 385-2933

Herbay Pharmacy
650 Hobson Way #105
(805) 487-7551

Medical Plaza Pharmacy
1700 N. Rose Avenue #140
(805) 981-3366

The Medicine Shoppe
2196 S. Saviers Road
(805) 487-6303

Oxnard Medical Arts Center
Pharmacy
901 W. 7th Street
(805) 486-2688

Oxnard Drug
105 W. 5th Street
(805) 483-2115

Rite Aid Pharmacy
720 N. Ventura Road
(805) 983-1097

Rite Aid Pharmacy
2661 S. Saviers Road
(805) 483-8676

Stan's Drugs
3001 S. Saviers Road
(805) 486-2678

Vons Pharmacy
450 S. Ventura Road
(805) 240-7994

Vons Pharmacy
2101 N. Rose Avenue
(805) 981-1485

Walgreens Drug Store
2851 Rose Avenue
(805) 483-5401

Walgreens Drug Store
2303 Vineyard Avenue
(805) 983-8644

Wal-Mart Pharmacy
2001 N. Rose Avenue
(805) 981-9606

Port Hueneme

CVS Pharmacy
581 W. Channel Islands
Boulevard
(805) 985-4479

Rite Aid Pharmacy
733 W. Channel Islands
Boulevard
(805) 985-2326

Santa Paula

CVS Pharmacy
600 W. Main Street
(805) 933-2881

The Medicine Shoppe
431 N. Ojai Road #C
(805) 525-3335

Rite Aid Pharmacy
221 Harvard Boulevard
(805) 525-4014

Seeber's Discount Pharmacy
110 W. Harvard Boulevard #H
(805) 525-3313

Simi Valley

Albertsons Food & Drug
5135 Los Angeles Avenue
(805) 520-9298

Albertsons Food & Drug
2800 Cochran Street
(805) 522-9005

Costco Pharmacy
2660 Park Center Drive
(805) 578-3305

CVS Pharmacy
3935 Cochran Street
(805) 581-1800

CVS Pharmacy
2825 E. Cochran Street
(805) 522-6904

Network Pharmacies – By City

Simi Valley (continued)

CVS Pharmacy
1268 Madera Road
(805) 520-8153

Home Care Pharmacy
1687 Erringer Road #101
(805) 527-9600

The Medicine Shoppe
2925 N. Sycamore Drive
(805) 581-3784

Mid-Valley Rx Pharmacy
2519 Royal Avenue
(805) 527-4013

Ralph's Pharmacy
591 Country Club Drive
(805) 526-8555

Rite Aid
1159 Los Angeles Avenue
(805) 526-5395

Rite Aid
5845 E. Los Angeles Avenue
(805) 522-2029

Target Pharmacy
2907 Cochran Street
(805) 583-0036

Tapo Pharmacy
2950 N. Sycamore Drive
(805) 583-1223

Vons Pharmacy
660 E. Los Angeles Avenue
(805) 526-7673

Vons Pharmacy
1855 E. Cochran Street
(805) 522-8063

Wal-Mart Pharmacy
255 Cochran Street
(805) 581-6444

Thousand Oaks

Albertsons Food & Drug
1736 Avenida De Los Arboles
(805) 493-1382

All-Med Drugs
442 N. Moorpark Road
(805) 495-2110

CVS Pharmacy
1822 Avenida De Los Arboles
(805) 493-2894

CVS Pharmacy
1382 Moorpark Road
(805) 495-4613

CVS Pharmacy
2791 Agoura Road
(805) 495-4938

Lombard Pharmacy
2230 Lynn Road
(805) 497-3943

Lynn Oaks Pharmacy
2220 Lynn Road
(805) 495-1015

The Medicine Shoppe
227 W. Janss Road
(805) 497-6113

Plaza Pharmacy
430 E. Avenida De Los Arboles
(805) 492-2451

Rite Aid Pharmacy
205 N. Moorpark Road #D
(805) 495-2019

Rite Aid Pharmacy
387 E. Avenida De Los Arboles
(805) 492-1559

Rite Aid Pharmacy
3825 E. Thousand Oaks
Boulevard
(805) 497-3614

Vons Pharmacy
2048 E. Avenida De Los
Arboles
(805) 492-3511

Ventura

Cabrillo Pharmacy
146 N. Brent Street
(805) 643-9939

College Pharmacy
90 N. Ashwood Street
(805) 642-4135

CVS Pharmacy
50 N. Ashwood Avenue
(805) 658-7848

CVS Pharmacy
7850 Telegraph Road
(805) 671-5122

CVS Pharmacy
1740 S. Victoria Avenue
(805) 644-1833

CVS Pharmacy
5900 Telegraph Road
(805) 642-3276

The Medicine Shoppe
2611 Thompson Boulevard
(805) 648-2724

The Medicine Shoppe
9308-B Telephone Road
(805) 647-1133

Ralph's Pharmacy
1776 S. Victoria Avenue
(805) 650-0466

Rite Aid Pharmacy
131 W. Main Street
(805) 643-1121

Rite Aid Pharmacy
2738 E. Thompson Boulevard
(805) 648-7795

Roger's Pharmacy
2909 Loma Vista Road
(805) 648-1856

Target Pharmacy
4200 E. Main Street
(805) 644-0095

Vons Pharmacy
5688 Telephone Road
(805) 644-5922

Westlake Village

Costco Pharmacy
5700 Lindero Canyon Road
(818) 597-3904

CVS Pharmacy
1012 S. Westlake Boulevard
(805) 379-5236

Pavilions Pharmacy
1135 Lindero Canyon Road
(818) 597-1370

Westlake Village Pharmacy
1250 La Venta Drive
(805) 497-3974

Mail Orders

Express Scripts, Inc.
P. O. Box 52123
Phoenix, AZ 85072-2123
(800) 811-0293

For Nationwide Listings
Please call Express Scripts at
(800) 233-8065

Network Hospitals, Outpatient Surgery Facilities

***Most copayments are waived at Ventura County Medical Center and at Santa Paula Hospital**

Camarillo

St. John's Pleasant Valley Hospital
2309 Antonio Avenue
Tel 389-5800

Oxnard

St. John's Regional Medical Center
1600 N. Rose Avenue
Tel 988-2500

† Network Outpatient Surgery Centers

Channel Islands Surgi-Center
2300 Wankel Way
Tel 485-1908

St. John's Outpatient Surgery Center
1700 N. Rose Avenue #100
Tel 988-2697

Santa Paula

Santa Paula Hospital
(Preferred Inpatient Facility)*
825 N. 10th Street
Tel 933-8600

† Network Outpatient Surgery Centers

Santa Paula Hospital (Preferred Day Surgery Facility)*
825 N. 10th Street
Tel 933-8600

Simi Valley

Simi Valley Hospital
2975 N. Sycamore Drive
Tel 955-6000

Ventura

Ventura County Medical Center
(Preferred Inpatient Facility)*
3291 Loma Vista Road
Tel 652-6000

† Network Outpatient Surgery Centers

Ventura County Medical Center (Preferred Day Surgery Facility)*
3291 Loma Vista Road
Tel 652-6049

† Plan Prior Authorization required for elective admission
For sub-acute care and/or transitional inpatient care contact VCHCP

Network Hospitals, Outpatient Surgery Facilities

Dialysis Facilities

***Most copayments are waived at Ventura County Medical Center and at Santa Paula Hospital**

Camarillo

Kidney Center of Camarillo

2438 N. Ponderosa Drive, Suite C-101
Tel 764-0771

Santa Paula

Kidney Center of Santa Paula

253 March Street
Tel 525-3977

Simi Valley

Kidney Center of Simi Valley

2950 N. Sycamore Drive #100
Tel 584-0177

Thousand Oaks

Kidney Center of Thousand Oaks

375 Rolling Oaks Drive, Suite 100
Tel 557-1036

Ventura

Kidney Dialysis Center of Ventura

2705 Loma Vista Road, Suite 101
Tel 648-1862

Sleep Study Facilities

Oxnard

Premier Diagnostics

1851 Holser Walk #210
Tel 485-2633

Thousand Oaks

Premier Diagnostics

1000 Newbury Road #165
Tel 499-1908

Ventura

Premier Diagnostics

3454 Loma Vista Road
Tel 339-0602

† Plan Prior Authorization required for elective admission
For sub-acute care and/or transitional inpatient care contact VCHCP

Network Clinical Laboratory Draw Sites

Camarillo

Quest Diagnostics, Inc. (Unilab)
3801 Las Posas Road #208
Tel 389-3260

Ojai

Quest Diagnostics, Inc. (Unilab)
203 Church Road
Tel 646-5695

Oxnard

Quest Diagnostics, Inc. (Unilab)
985 W. 7th Street 2nd Floor
Tel 483-8776

Quest Diagnostics, Inc. (Unilab)
1701 North Lombard Street #106
Tel 983-0558

Santa Paula

Quest Diagnostics, Inc. (Unilab)
115 Dean Drive #C
Tel 933-4456

Santa Paula Hospital
825 N. 10th Street
Tel 933-8600

Simi Valley

Quest Diagnostics, Inc. (Unilab)
4537-H Alamo Street
Tel 520-6483

Quest Diagnostics, Inc. (Unilab)
2950 Sycamore Drive #301
Tel 520-6483

Thousand Oaks

Quest Diagnostics, Inc. (Unilab)
305 S. Moorpark Road
Tel 497-8149

Ventura

Quest Diagnostics, Inc. (Unilab)
2727 E. Main Street
Tel 648-2761

Ventura County Medical Center
3291 Loma Vista Road 2nd Floor
Tel 652-6037

Diamond Reference Laboratory
(Clínicas Del Camino Real, Inc. patients only)
Specimen pick-up sites at all locations of Clínicas del Camino Real, Inc.

Network Physical/Occupational Therapy

Fillmore

J. Craig Meeks, Physical Therapist
852 Ventura Street
Tel 524-2923

Oxnard

St. John's Outpatient Therapy Center
961 N. Rice Avenue #3
Tel 988-2874

Port Hueneme

St. John's Outpatient Therapy Center
291 Hueneme Road, Suite 105
Tel 988-2737

Santa Paula

Santa Paula Hospital
825 N. 10th Street
Tel 933-8600

Ventura

Ventura County Medical Center
3212 Loma Vista Road
Physical Therapy & Occupational Therapy
Tel 648-9980

Pacific Therapy Services
2895 Loma Vista Road, #B
Tel 643-4093

Network Radiology Facilities

VCMC Ambulatory Care Sites

Las Islas Family Medical Group (see Page 2)
Moorpark Family Care Center (see Page 1)
Sierra Vista Family Medical Clinic (see Page 7)
West Ventura Medical Clinic (see Page 8)

Plan Prior Authorization may be required for the following sites (copayments may apply):

Camarillo

Camarillo Imaging Center
3901 Las Posas Road # 104
Tel 389-9657

Fillmore

Pueblo Radiology Medical Group
355 Central Avenue #218
Tel 524-9700

Oxnard

Oxnard Imaging Center
1150 N. Ventura Road
Tel 983-4838

St. John's Regional Imaging Center
1700 North Rose, Suite 110
Tel 983-0883

The Imaging Center (MRI's only)
1700 N. Rose Avenue #110
Tel 983-0883

Simi Valley

Aspen Outpatient Center
Imaging: MRI, MRA
2750 N. Sycamore Drive
Tel 955-8100

Insight Imaging
MRI, MRA
3655 Alamo Street, Suite 101
Tel 520-0222

Nancy Reagan Breast Center (For Mammograms Only)
2750 N. Sycamore Drive
Tel 583-8443 or 955-8114

Thousand Oaks

Insight Imaging
375 Rolling Oaks Drive, Suite 150
Tel 497-5846

Medical Diagnostic Imaging (M.D.I.)
Routine X-rays, Imaging: MRI, MRA, CT, Fluro
300 Lombard Street
Tel 495-1220

Ventura

Pueblo Radiology Medical Group
4516 Market Street Building 1A
Tel 654-8170

Ventura Coast Imaging Center
4601 Telephone Road #102
Tel 644-7300

Ventura County Medical Center
3291 Loma Vista Road 1st Floor
Tel 652-6080

Westlake Village

Insight Imaging
Routine X-rays, Imaging: MRI (open), MRA, PET/CT, u/s,
Fluro, BD, Mammogram
2535 Townsgate Road, Suite 110
Tel 494-7139

Provider Index

A - C

Almaguer Auchard, M.D. Patricia
..... 3
Ament, M.D., Marvin 12, 19
Amini, M.D., Mirian 7
Amorteguy, M.D., Albert E. 11, 17
Araujo, M.D., David 9
Arfaei, M.D., Asghar 13, 20
Arndt, M.D., Preston 3
Avery, M.D., Robert L. 4, 17
Barbosa, M.D., J. Bruce 9
Barr, M.D., Steven 9
Beagler, M.D., Marc 13, 21
Bednarski, M.D., Nicholas 1, 4, 17
Benson, M.D., Emily 11, 18
Bernstein, M.D., Bram 5, 20
Bernstein, M.D., Robert J. 13, 20
Beuttler, M.D., Kathleen M. 7, 11, 17
Billesdon, M.D., John 4, 16
Blank, M.D., David 3, 9
Blaze, M.D., Allison 4, 17
Blickenstaff, M.D., Kurt 6, 10, 16
Bloom, M.D., Stuart M. 9
Bobrow, M.D., Andrei 3
Boggs, M.D., Michael B. 2, 11, 17
Bohl, M.D., Janelle 6
Bracho, M.D., Francisco 5, 12, 19
Brackett, M.D., Jeffrey C. 4, 5, 10, 15
Brecht-Doscher, M.D., Aimee 4, 17
Brinkenhoff, M.D., Michael C. 11, 17
Brugman, M.D., Thomas M. 13, 20
Buckingham, M.D., Robert 2
Bushnell, M.D., Lamar J. 13, 21

C - D

Cardenas, M.D. Doris A. 2, 8, 17
Carvalho, M.D., J. Paulo 8
Castaneda, M.D., Catarina 6
Castel, M.D., Uldine 11, 16
Cervantes, M.D., Miguel 3

Chandler, M.D., Robert 6
Chang, M.D., Kevin 4, 16
Chang, M.D., Steven 2, 11, 18
Chen, M.D., Jian Anna 6
Chieng, M.D., Tung-Hua 13, 21
Chieu, M.D., Frank 1, 4, 17
Cho, M.D., Theresa 1
Chochinov, M.D., Ronald H. 10, 15
Chronis, M.D., Carey B. 9
Clark, M.D., Daniel 10, 15
Coates, M.D., Thomas 12, 19
Collet, D.P.M., John 13, 20
Corwin, M.D., Joel M. 1, 11, 18
Covington, M.D., Stephen D. 10, 16
Datlow, M.D., Michael S. 9
Davidson, M.D. John L. 1, 11, 13, 18
Davis, M.D., E. Connell 6
Dekkers, M.D., Robert J. 6
Dergalust, M.D. Robert 11, 17
Deutsch, M.D., Gary 6
Devendra, M.D., Ganesh L. 8, 20
Dial, M.D., Mary 2
Dixon, M.D., Neal 1, 16
Dorner, M.D., Gillian 3, 4, 17
Duncan, M.D., Tom 10, 16

E - G

Early, M.D., Sean 13, 19
Ebroon, M.D., Daniel 11, 118
Edison, M.D., John 10, 15
Elson, M.D., Henry 4, 11, 17
England, M.D., Linda 9
English, M.D., Keith 3
Enriquez, M.D., Theresa 3
Fankhauser, M.D., John 9
Ficks, M.D., Lauren 4, 7, 10, 15
Finger, M.D., Kenneth D. 3
Flom, M.D., Sheila 7
Ford, M.D., John 3
Fostakowsky, M.D., Robert 3, 9
Frambach, M.D., Donald A. 5, 11, 18

Francke, M.D., Wendy 9
Frochtzawajg, M.D., Stan 9
Fung, M.D., Wilson 1
Gaal, M.D., Peter G. 13, 21
Garcia, M.D., Alejandro 4, 15
George, M.D., Alister 8, 16
Ginkel, M.D., Mark L. 4, 10, 15
Goldie, M.D., William D. 5, 12, 19
Gomez, M.D., Ramon 6
Gross, M.D., Carl 2
Grushkin, M.D., Carl 5, 19

H - K

Halverson, M.D., James 2
Handley, M.D., John A. 13, 20
Hantke, M.D., David R. 10, 15
Helmer, M.D., James 9
Herman, M.D., James 11, 17
Hesselgesser, M.D., Robert D. 8, 20
Holbrook, D.O., Pamela 8
Hook, D.O., Renee 7
Hornstein, M.D., James W. 9
Howe, M.D., Candace 7, 11, 17
Huang, M.D., Wei-Chi 7
Ippolito, M.D., John 1
Ishak, M.D., Andre 5, 18
Jennings, M.D., Dana 9
Jia, M.D., Ran IM 3
Johnson, M.D., Susan 3
Johnston, M.D., Christine M. 1, 6
Jones, M.D., Amy 1
Jones, M.D., Brock 8
Jorgensen, M.D., Neil 9
Kaminski, M.D., Stephen. 10, 16
Karlsberg, M.D., Peter 10, 15
Kehoe, M.D., Nicole 6
Kelley, M.D., Ann 4, 16
Kelley, M.D., Fred 7, 11, 17
Kelley, M.D., Peter 2, 20
Keshan, M.D., Tamir 13, 20
Kim, M.D., Bora 2

Provider Index

Kim, M.D., Catherine A. 7
Kimbrell, M.D., Brian 10, 16
Klope, M.D., William T. 13, 21
Koh, M.D., Chester 5, 19
Kong, M.D., Lynn 4, 10, 16
Kong, M.D., Thomas Q. 10, 15
Krishnankutty, M.D., Rekha 7
Kushigemachi, M.D., Masahiro 7
Kuzyk, D.P.M., Donald 2, 8, 20

L - M

Laba, M.D., Michelle 3
Lacerna, M.D., Melinda 5, 20
Lager, M.D., Michael 7, 6, 10, 15
Lambing, M.D., Cheryl 9
Landon, M.D., Chris 5, 9, 11, 13, 18, 20
Larks, M.D., Milcah 11, 16
Lau, M.D., Jacob 4, 15
Ledesma, M.D., Steven 4, 17
Lee, M.D., Jae Sung 8, 15
Lefkowitz, M.D., Robert 4, 11, 17
Leibovitch, M.D., Eric (IM) 9
Leonard, M.D., Jeffrey A. 11, 17
Leong, M.D., Frederic 5, 8, 12, 19
Levin, M.D., Robert 6
Levine, M.D., Vladimir 11, 17
Lin, M.D., Tesu 10, 16
Lipeles, M.D., Lois 7
Liu, M.D., Tane 4, 17
Lopez, M.D., Raymond 3
Lowe, M.D., Isaac 4, 7, 16
Lundeen, M.D., Linda 3
Luttrell, M.D., Jeffrey K. 1, 11, 18
Lyche, M.D., Kip D. 10, 16
Lyne, M.D., Alan W. 6
Maguire, M.D. Michael 13, 19
Major, M.D., Kevin M. 13, 21
Maker-Clark, M.D., Geeta 3
Mayer, M.D., Nolan J. 10, 15
McBreen, M.D., Thomas S. 9
McHugh, M.D., W. Colm 2, 5, 11, 18

McIntyre, M.D., Rosemary 4, 16
McMurtray, M.D., Aaron 11, 17
Menz, M.D., Charles L. 10, 16
Merrick, M.D., Nancy 3
Meshriky, M.D., Joseph 7
Meyer, M.D., Alexander B. 6
Miller, M.D., Jeff 1
Miller, M.D., Paul J. 8, 20
Milner, D.P.M., Jack 1, 20
Montes, M.D., Henry 1, 6, 20
Morris, M.D., Carolyn 6
Mowry, M.D., Sarah 10, 15
Moya, M.D., Genevieve 3
Mueller, M.D., Khristina 1
Muthukumar, M.D. Abirami 2, 7, 17
Muzsnai, Jr., M.D., Dominic 7

N - P

Narhi, M.D., Diane C. 8, 20
Nasir, M.D., Ma'an 4, 18
Nelson, M.D., Bruce 7
Neufeld, M.D., Naomi 12, 19
Nguyen, M.D., Chau 10, 15
Nguyen, M.D., Tiffany 1, 5, 18
Niazi, M.D., Suhad 9
Nichols, M.D., Heather 6
Nishikawa, M.D., Wallace 4, 16
Noah, M.D., Jerold 6
O'Connor, M.D., Timothy 1, 6, 20
Odio, M.D., Alberto 7
Ouwendijk, M.D., Robert 11, 16
Pakala, M.D., Shilpa 3
Park, M.D., Maggie 9
Parsa, M.D., Kooros 4, 16
Patel, M.D., Shaun 4, 10, 15
Patterson, M.D., Stanley 3
Pawson, M.D., Leslie Lynn 9, 10, 11, 16
Pearson, M.D., Duane 5, 13, 20
Pecht, M.D., Benjamin 3, 9
Pedraza, M.D., Benito 10, 16
Pedroza, M.D., Miguel 3

Petkar, M.D., Archana 8
Pesheva, M.D., Maria 1, 7, 11, 18
Peter, M.D., Alan 13, 20
Peters, M.D., Arthur 10, 16
Petroff, M.D., Helen 2
Prichard, M.D., John 11, 16

R - S

Rabkin, M.D., Angela (IM) 11, 16
Reddy, M.D., Muni N. 8, 21
Reeves, M.D., C. Albert 1
Reisbord, M.D., Jodie 9
Rockney, M.D., Lynn R. 3
Rogers, M.D., Stevenson 9
Romero, M.D., Javier 10, 16
Romolo, M.D., Joseph L. 13, 21
Rosengren, M.D., Harold 3, 9, 15
Rothschild, M.D., Richard 3, 15
Ruelas, M.D., Gregorio 1,
Russell, M.D., Paul 3, 9
Sanchez, M.D., Paul 4, 16
Sands, M.D., James 9
Sandstrom, M.D., Anna 5, 7, 19
Schmidt, M.D., David 3, 15
Schoeld, M.D., Kristi 9
Schweitzer, M.D., Jeremy 10, 16
Seidman, M.D., Donald 4, 15
Sever, M.D., Catherine 3
Shah, M.D., Nissar 4, 15
Sheehy, M.D., James T. 11, 17
Siddiqui, M.D., Asra 7
Siegel, M.D., Stuart 5, 12, 19
Silverman, M.D., Ira 11, 17
Silverman, M.D., Paul 13, 21
Slater, M.D., Evan 11, 17
Smith, M.D., Mark 8
Solinas, M.D., Lisa 6
Soliz, M.D., Josephine 3
Sportelli, M.D., Marisa 7
Starr, M.D., William 5, 13, 19, 20
Steinberg, M.D., Alon A. 4, 10, 15

Provider Index

Stuhr, D.P.M., Frank	12, 13, 20	Tushla, M.D., Michael	6	Wareham, M.D., Martin	8, 16
Sugasawara, M.D., Roy I.	1, 20	Tushla, M.D., Richard	6	Wasser, M.D., Harris	7, 8
Sujanani, M.D., Sunita	9	Ulrich, M.D., Ramsey	9	Westhoff-Pankratz, M.D., Tricia	10, 15
Swartout, M.D., Michael	6	Vaidya, M.D., Abhay	7, 8, 16	White, M.D., Kevin	9
Swerdlin, M.D., Aron	4, 11, 17	Vega, M.D., Juan	11, 17	Wikholm, M.D., Gary	6

T - V

Taketa, M.D., John	1, 5, 12, 18
Tavari, D.O., Daniel	8
Tedesco, M.D., Dominic J.	13, 21
Thatcher, M.D., John	10, 15
Thompson, M.D., Jennifer	6
Thompson, M.D., Pqyson	6
Thurman, M.D., Andraus	3
Tran, M.D., Hang	3
Trotter, M.D., William L.	1, 11, 18
Tubbs, M.D., Jeffrey V.	6

Verma, M.D., Sanjiv	3, 9, 15
Villasenor, M.D., Rocio	4, 9, 17
Villaveces, M.D., James	9, 15
Vines, D.P.M., Steven M.	12, 20

W - Z

Wade, M.D., Becky	9
Wade, M.D., Maria	1,
Wageneck, M.D., Robert	6
Waldman, M.D., Glenn	8, 16

Wilkinson, M.D., Douglas	10, 15
Williams, M.D., Michael E.	10, 16
Williamson, M.D., Timothy	2
Wong, M.D., Bryan	9
Wu, M.D., Thomas	5, 12, 18
Yadin, M.D., Ora	12, 19
Young, M.D., Andrew	1, 18
Zager, M.D., Scott	3, 15
Zarrinkelk, D.D.S., Hooman	12, 18
Zimmerman, M.D., Andre	7, 11, 18
Ziring, M.D., David	12, 19



Ventura County Health Care Plan

2220 E. Gonzales Road, Suite 210-B, Oxnard, CA 93036

Phone: (805) 981-5050

www.vhealthcareplan.org